COLORADO SPRINGS UROLOGY

Bladder Diary

Record for 3 days (nonconsecutive)
24-hour periods
Log what you are drinking, time, date, and how much
Log how much you urinate, time, and date (using provided hat)

Patient Name:

Date and Time	Amount Ingested	Amount Voided	Incontinent
			☐ YES ☐ NO
			☐ YES ☐ NO
			☐ YES ☐ NO
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